

# Exercise Biology Minor



Department of Neurobiology, Physiology,  
and Behavior  
College of Biological Sciences  
(530) 752 - 0410

## Exercise Biology Minor Requirements:

Total: At least 18 upper division units in Exercise Biology from the list below.

### At least 15 upper division units in exercise biology from the following courses:

EXB 101  
Exercise Physiology  
EXB 102  
Introduction to Motor Learning and the Psychology of Sport and Exercise  
EXB 103  
Analysis and Control of Human Movement  
EXB 110  
Exercise Metabolism  
EXB 111  
Environmental Effects on Physical Performance  
EXB 112  
Clinical Exercise Physiology  
EXB 113  
Growth and Development in Human Performance  
EXB 115  
Biomechanical Bases of Movement  
EXB 117  
Exercise and Aging in Health and Disease  
EXB 124  
Physiology of Maximal Human Performance  
EXB 126  
Tissue Mechanics

An additional 3 upper division units from either the previous list of EXB courses OR from the following list of courses:

EXB 106  
Human Gross Anatomy  
NPB 101  
Systemic Physiology  
BIS 101  
Genes and Gene Expression  
BIS 104  
Cell Biology  
BIS 105  
Biomolecules and Metabolism

To declare your minor, please use the minor petition form offered by the College of your major:

College of Agricultural & Environmental Sciences:  
<http://caes.ucdavis.edu/students/current/advising/forms>  
College of Biological Sciences:  
<http://biosci.ucdavis.edu/basc/forms-and-petitions.html>  
College of Engineering:  
<http://engineering.ucdavis.edu/undergraduate/majors-and-minors/>  
College of Letters and Sciences:  
<http://advising.ucdavis.edu/forms/>